

Curriculum Vitae of Simona Bo

Contacts

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Academic Position

2015-current Associate Professor at Department of Medical Sciences, University of Torino, Italy

2008-2015 Professor Assistant at Department of Medical Sciences, University of Torino, Italy

Italian National ASN-2016

Full professorships in: Technical and Dietetic Science (MED/49 - 06/D2)

Educational Background

- Medical degree (School of Medicine, University of Torino; 1989)
- Post-graduation in Endocrinology and Metabolic Diseases (Postgraduate School of Endocrine and Metabolic Diseases, University of Torino; 1994)
- Post-graduation in Internal Medicine (Postgraduate School of Internal Medicine, University of Torino; 2004).

Working activity

Place of work: “Città della Salute e della Scienza” Hospital of Torino, as a MD. Expertise in the care of the patients with metabolic diseases (in particular: patients with obesity, diabetes mellitus, and the metabolic syndrome).

- 2017-current: “Città della Salute e della Scienza” Hospital of Torino, Endocrinology, Diabetology and Metabolism Unit
- 1998-2017: “Città della Salute e della Scienza” Hospital of Torino, Internal Medicine Unit and Diabetic Clinic
- 1993-1998: Hospital of Asti, Internal Medicine Unit and Diabetic Clinic

Research activity

The organization of lifestyle intervention trials (in particular: diet and exercise programs in patients with obesity, the metabolic syndrome, and diabetes). The study of the role of foods and nutrients on chronic and dysmetabolic diseases. Systematic reviews and meta-analyses on topics related to food and nutrition science.

Didactic activity

Director of the Postgraduate School of Food Science of the University of Torino

President of the Dietetics Bachelor’s Degree of the University of Torino

Teaching in many three-year or master’s degree courses for a total number of 30 CFU

Bibliometric indices

Co-authors of more than 140 peer-reviewed publications.

SCOPUS: h-index=34, number of papers=142, number of citations= 5398

Funds from ongoing projects

PRIN 2017: “Microbiome-tailored food products based on typical Mediterranean Diet components” (Collaborator) (National)

Eit Food 2018: “Understanding Different Diets: Mediterranean, Baltic sea, and Okinawa” (Collaborator) (European).

Torino, March 2019

