

## SHORT CV RESUME



**Professor Massimo Porta**  
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Massimo Porta was born in Turin, Italy in 1953 and is Full Professor of Internal Medicine at Turin University, where he graduated in medicine in 1977. He was granted his PhD at the Royal Postgraduate Medical School, London University, UK in 1983, where he worked on diabetic eye disease. Currently, he is Head of the Unit of Internal Medicine 1 at Turin main teaching hospital (Città della Salute e della Scienza di Torino - Molinette) and of the annexed Diabetes outpatient clinic and Diabetic Retinopathy Centre.

Since March 2014, Professor Porta is Director of the Postgraduate School (Scuola di Specializzazione) in Internal Medicine at Turin University.

Professor Porta has been Secretary of the Italian Society of Diabetes (SID) for the years 1982-84, Convenor of the Working Group of the Saint-Vincent Declaration for the prevention of Diabetes-Related Blindness in Europe, supported by the World Health Organization and the International Diabetes Federation (1985-95), Honorary Secretary of the European Association for the Study of Diabetes (EASD) in 1999–2001, and President of the Study Group on Eye Complications of Diabetes of the European Association for the Study of Diabetes (EASDec) in 2012-2014. Prof. Porta is full member of SID and EASD, Council member of the Italian Society of Internal Medicine (SIMI), and Full Member of the Turin Academy of Medicine.

Professor Porta's research interests include the pathogenesis of diabetic retinopathy, the prevention of diabetes-related blindness and Group Care, a new model to manage chronic diseases based upon patient education according to a systemic approach..

Professor Porta has authored 185 papers in indexed journals, 101 other articles, 44 chapters, and edited or co-edited 13 books/monographs. He is Editor-in-Chief of *Acta Diabetologica* (IF 2018 2.996) and Series Editor of "Frontiers in Diabetes", published by Karger, Basel.

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